

[Mobile ebook] *The Amazing Mediterranean Cookbook: 70 Original Mediterranean Diet Recipes for Weight Loss, Health, and Wellness (Mediterranean Diet, Mediterranean Recipes) (Volume 1)*

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PE-02683


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Elena Garcia

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0 of 1 people found the following review helpful. Not as expectedBy Linda VI returned this book. Most of the recipes were salads, dips, and other snacks; very few main dishes. In addition, the recipes were not divided into categories and ingredient measurements are metric. Very disappointed.

EAT WELL, LOSE WEIGHT AND FEEL AMAZING! Discover The REAL Mediterranean Lifestyle: Healthy Eating Made Delicious and Fun! FREE GIFT INSIDE- AUDIOBOOK "NLP FOR FAST WEIGHT LOSS" 70 Mediterranean Diet Recipes for Weight Loss and Vibrant Health DISCOVER THE PLEASURE OF HEALTHY EATING The Mediterranean Diet will help you find balance you need to lose weight naturally. You will feel amazing in your body, and create a really healthy lifestyle for yourself and your family. My name is Elena. I am ...